SCHOOLHOUSE GRILL
School Meal Specialist

Montessori Children's House of Loudoun

January 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	**2**	**3**	**4**
THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS Fresh Fruits Used Daily - Chilled Fruits used on days Produce is not Ripened	New Year's Day Holiday	"Breakfast For Lunch" French Toast Sticks 3 ea w/ Syrup Turkey Sausage Link 1 ea Veggie: Veggie Breakfast Patty Fresh or Chilled Fruit	Cheddar Cheese Quesidilla ½ ea California Mixed Vegetables ¼ c Veggie: Cheddar Cheese Quesidilla Fresh or Chilled Fruit	Breaded Chicken Patty on Bun 1 ea Cooked Sweet Baby Peas ¼ c Veggie: Veggie BOCA Burger Fresh or Chilled Fruit
7	**8**	**9**	**10**	**11**
Hawaiian Meatballs 3 ea & Enriched Long Grain Rice ¼ c Fresh Baby Carrots ¼ c w/ Creamy Ranch Dip Veggie: Hawaiian Veggie Balls Fresh or Chilled Fruit	Creamy Mac & Cheese ½ c Five-Way Hot Mixed Vegetables ¼ c Veggie: Creamy Mac & Cheese Fresh or Chilled Fruit	"Breakfast For Lunch" Buttermilk Pancakes 2 ea w/ Syrup; Turkey Sausage Links 1 ea; Veggie: Morningstar Breakfast Patty Fresh or Chilled Fruit	Four Cheese Ravioli w/ Marinara Sauce ½ c Sweet Yellow Corn ¼ c Veggie: Cheese Ravioli Fresh or Chilled Fruit	Baked Chicken Fingers 3 ea Fresh Cucumber Slices 3 ea w/ Creamy Ranch Dip Veggie: Morningstar Chik'n Nuggets 4 ea Fresh or Chilled Fruit
14	**15**	**16**	**17**	**18**
Whole Grain Baked Chicken Nuggets 4 ea Fresh Green Beans ¼ c Veggie: Morningstar Chik'n Nuggets 4 ea Fresh or Chilled Fruit	Creamy Mac & Cheese ½ c California Mixed Vegetables ¼ c Veggie: Creamy Mac & Cheese Fresh or Chilled Fruit	Cheesy Baked Ziti ½ c Cooked Sweet Baby Peas ¼ c Fresh or Chilled Fruit Veggie: Cheesy Baked Ziti	Home-Style Turkey Meatballs 3 ea over Rice ¼ c Fresh Baby Carrots ¼ c w/ Creamy Ranch Dip Veggie: Veggie Balls over Rice Fresh or Chilled Fruit	Slow Roasted Turkey & Cheese Sub 1 ea Five-Way Hot Mixed Vegetables ¼ c Veggie: Double Cheese Sub Fresh or Chilled Fruit
21	**22**	**23**	**24**	**25**
MLK Holiday School Closed	Italian Spaghetti w/ Bolognese (non-beef) Sauce ½ c Fresh Green Beans ¼ c Veggie: Italian Spaghetti w/ Marinara; Fresh or Chilled Fruit	"Breakfast For Lunch" Jumbo Square Waffles 2 ea w/ Syrup Turkey Sausage Link 1 ea Veggie: Veggie Breakfast Patty Fresh or Chilled Fruit	Whole Grain Baked Chicken Nuggets 4 ea Cooked Carrot Coins ¼ c Veggie: Morningstar Chik'n Nuggets 4 ea Fresh or Chilled Fruit	Breaded Chicken Patty on Bun 1 ea Cooked Sweet Baby Peas ¼ c Veggie: Veggie Chik Patty Fresh or Chilled Fruit
28	**29**	**30**	**31**	
Creamy Mac & Cheese ½ c Fresh Baby Carrots ¼ c w/ Creamy Ranch Dip Veggie: Creamy Mac & Cheese Fresh or Chilled Fruit	Italian Turkey Meatball 3 ea Sub Five-Way Hot Mixed Vegetables ¼ c Veggie: Veggie Italian Meatless Meatball Sub Fresh or Chilled Fruit	Baked Chicken Fingers 3 ea Fresh Tossed Salad ¼ c w/ Ranch Dressing Veggie: Morningstar Chik'n Nuggets 4 ea Fresh or Chilled Fruit	Slow Roasted Turkey & Cheese Sub 1 ea Fresh Cucumber Slices 3 ea w/ Creamy Ranch Dip Veggie: Double Cheese Sub Fresh or Chilled Fruit	Fresh or Chilled Fruit: Cantaloupe, Watermelon, Apple, Banana, Orange Wedges, Pears, Diced Pears, Peaches, Apple Sauce