SCHOOLHOUSE GRILL
School Meal Specialist

Montessori Children's House of Loudoun

August 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS All lunches served with age appropriate milk, either 1% or whole milk.	Fresh Fruits Used Daily - Chilled Fruits used on days Produce is not Ripened Fresh or Chilled Fruit: Cantaloupe, Watermelon, Apple, Banana, Orange Wedges		Whole Grain Baked Chicken Nuggets 4 ea California Blend Mixed Vegetables ¼ c Veggie: Morningstar Nuggets Fresh or Chilled Fruit	Cheddar Cheese Quesadilla ½ ea Fresh Cucumber Slices 3 ea w/ Creamy Ranch Dip Veggie: Cheese Quesadilla Fresh or Chilled Fruit
5	6	7	8	9
Creamy Mac & Cheese ½ c Five-Way Hot Mixed Vegetables ¼ c Veggie: Creamy Mac & Cheese Fresh or Chilled Fruit	"Breakfast For Lunch" Buttermilk Pancakes 2 ea w/ Syrup Turkey Sausage Link 1 ea Veggie: Breakfast Patty Fresh or Chilled Fruit	Mini Turkey Corn Dog Nuggets 4 ea Sweet Yellow Corn ¼ c Veggie: Morningstar Nuggets Fresh or Chilled Fruit	Slow Roasted Turkey & Cheese Sub 1 ea Fresh Baby Carrots ¼ c w/ Creamy Ranch Dressing Veggie: Double Cheese Sub Fresh or Chilled Fruit	Whole Grain Baked Chicken Nuggets 4 ea Cooked Sweet Baby Peas ¼ c Veggie: Morningstar Nuggets Fresh or Chilled Fruit
12	13	14	15	16
Chicken Fajita Rice Bowl (Chicken Fajita 2 oz over Rice ¼ c w/ Cheddar Cheese); Fresh Cucumber Slices 3 ea w/ Creamy Ranch Dip; Veggie: Bean Rice Bowl; Fresh or Chilled Fruit	Rainbow Tortellini Pasta Blend w/ Kale Pesto Sauce ½ c Fresh Green Beans ¼ c Veggie: Rainbow Tortellini Pasta w/ Kale Pesto Sauce Fresh or Chilled Fruit	Breaded Chicken Patty on Bun 1 ea; Fresh Tossed Salad ¼ c w/ Creamy Ranch Dressing Veggie: Morningstar Chik Patty on Bun Fresh or Chilled Fruit	Cheesy Baked Ziti ½ c California Mixed Vegetables ¼ c Veggie: Cheesy Baked Ziti Fresh or Chilled Fruit	Whole Grain Chicken Sticks 3 ea Five-Way Mixed Vegetables ¼ c Veggie: Morningstar Nuggets Fresh or Chilled Fruit
19	20	21	22	23
MCHL CLOSED	MCHL CLOSED	MCHL CLOSED	MCHL CLOSED	Whole Grain Baked Chicken Nuggets 4 ea Sweet Yellow Corn ¼ c Veggie: Morningstar Nuggets Fresh or Chilled Fruit
26	27	28	29	30
Whole Grain Chicken Sticks 3 ea Five-Way Mixed Vegetables ¼ c Veggie: Morningstar Nuggets Fresh or Chilled Fruit	Mini Turkey Corn Dog Nuggets 4 ea Fresh Green Beans ¼ c Veggie: Morningstar Nuggets Fresh or Chilled Fruit	Slow Roasted Turkey & Cheese Sub 1 ea Cooked Sweet Baby Peas ¼ c Veggie: Double Cheese Sub Fresh or Chilled Fruit	Home Style Turkey Meatballs 3 ea over Enriched Grain Rice ¼ c Fresh Baby Carrots ¼ c w/ Creamy Ranch Dressing Veggie: Veggie Balls over Rice Fresh or Chilled Fruit	Rainbow Tortellini Pasta Blend w/ Kale Pesto Sauce ½ c; Fresh Cucumber Slices 3 ea w/ Creamy Ranch Dip; Veggie: Rainbow Tortellini Pasta Blend w/ Kale Pesto Sauce; Fresh Fruit