SCHOOLHOUSE GRILL
School Meal Specialist

Montessori Children's House of Loudoun

August 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	**2**	**3**	**4**	**5**
Whole Grain Breaded Chicken Nuggets 4 ea Fresh Green Beans ¼ c Veggie: Morningstar Chik Nuggets Fresh or Chilled Fruit	Teriyaki Chicken Strips 2 oz w/ Enriched Whole Grain Rice ¼ c Fresh Cucumber Slices 3 ea w/ Creamy Ranch Dip Veggie: Veggie Teriyaki Chik Strips; Fresh or Chilled Fruit	Italian Cavatappi Pasta w/ Bolognese (Chicken) Sauce ½ c Two-Way Mixed Vegetables ¼ c Veggie:Cavatappi w/ Marinara Fresh or Chilled Fruit	Slow Roasted Turkey & American Cheese Sub ½ ea Sweet Yellow Corn ¼ c Veggie: Double Cheese Sub Fresh or Chilled Fruit	"Breakfast For Lunch" French Toast Sticks 3 ea w/ Syrup Turkey Sausage Link 1 ea Veggie: Morningstar Breakfast Patty; Fresh or Chilled Fruit
8	**9**	**10**	**11**	**12**
Chicken Fajita Rice Bowl 2 oz Enriched Whole Grain Rice ¼ c w/ Cheddar Cheese; Fresh Baby Carrots ¼ c w/ Creamy Ranch Dip; Veggie: Bean Rice Bowl Fruit or Chilled Fruit	Rainbow Tortellini Pasta Blend w/ Kale Pesto Sauce ½ c Sweet Hot Baby Peas ¼ c Veggie: Rainbow Tortellini Pasta Fresh or Chilled Fruit	Southern Mini Turkey Corn Dog Nuggets 4 ea Hot Cooked Carrot Coins ¼ c Veggie: Morningstar Nuggets Fresh or Chilled Fruit	Home-Style Turkey Meatballs 3 ea over Creamy Mashed Potatoes ¼ c; Fresh Tossed Salad ¼ c w/ Creamy Ranch Dressing; Veggie: Veggie Balls over Rice; Fresh or Chilled Fruit	Kid Fav Creamy Mac n' Cheese ½ c California Blend Vegetables ¼ c Veggie: Mac n' Cheese Fresh or Chilled Fruit
15	**16**	**17**	**18**	**19**
Classic Cheesy Baked Ziti ½ c Five-Way Hot Mixed Vegetables ¼ c Veggie: Cheesy Baked Ziti Fresh or Chilled Fruit	Hawaiian Turkey Meatballs 3 ea over Enriched Grain Rice ¼ c Fresh Baby Carrots ¼ c w/ Creamy Ranch Dip; Veggie: Veggie Hawaiian Balls over Rice Fresh or Chilled Fruit	"Breakfast For Lunch" Jumbo Square Waffles 2 ea w/ Syrup Turkey Sausage Link 1 ea Veggie: Morningstar Breakfast Patty; Fresh or Chilled Fruit	House Made Creamy Chicken Penne Alfredo ½ c Fresh Green Beans ¼ c Veggie: Penne Alfredo Fresh or Chilled Fruit	Grilled Chicken Breast 1 ea & Gravy; Creamy Mashed Potatoes ¼ c; Fresh Tossed Salad ¼ c w/ Creamy Ranch Dressing; Veggie: Morningstar Patty; Fresh or Chilled Fruit
22	**23**	**24**	**25**	**26**
Teacher Prep Days School Closed to Students	Teacher Prep Days School Closed to Students	Teacher Prep Days School Closed to Students	Teacher Prep Days School Closed to Students	Teacher Prep Days New Student Orientation
29	**30**	**31**		
Home-Style Turkey Meatballs 3 ea over Creamy Mashed Potatoes ¼ c; Fresh Baby Carrots ¼ c w/ Creamy Ranch Dip; Veggie: Veggie Balls over Rice; Fresh or Chilled Fruit	"Breakfast For Lunch" Buttermilk Pancakes 2 ea w/ Syrup Turkey Sausage Link 1 ea Veggie: Morningstar Breakfast Patty; Fresh or Chilled Fruit	Italian Cavatappi Pasta w/ Bolognese (Chicken) Sauce ½ c Two-Way Mixed Vegetables ¼ c Veggie:Cavatappi w/ Marinara Fresh or Chilled Fruit	All lunches served with age appropriate milk, either 1% or whole milk. All meals conform to grain requirements of ½ oz equivalent.	Fresh or Chilled Fruit: Apples, Cantaloupe, Watermelon, Honeydew, Banana, Oranges THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS